Digital Photos

Technology Tip Sheet

To download photos
from your camera to your PC

- Change the camera setting from picture-taking to picture downloading

- Plug in the usb cable to the camera and the computer

- Turn on the camera – likely a program will open on the computer

    o Your digital camera likely came with software (which shows up as an option if this has been installed) or you can use Windows Scanner and Camera Wizard, which will likely also show up an option.

Photo format

Typically, digital cameras save pictures in "jpeg" or "jpg" format (pronounced j-peg). However, your camera may, by default, save to an alternative format. If the photo you saved is not in jpg format, use a photo editor program to open your picture and save it as a jpg file.   Windows provides an accessory program called Paint which you may use. (Start → Programs → Accessories → Paint)

Note for ADAPT participants

For the photo you are submitting select a good closeup (head or head and shoulders). Remember, we want a casual, not formal, photo. If you are comfortable with editing, such as cropping, go ahead. Otherwise, editing is not necessary. Size also is not important.