University of Texas Medical Branch Center for Sleep Disorders Policy: Obtaining Insurance Authorization Effective Date: March 13, 2013 Revised Date: January 18, 2019 Campus: Galveston and Webster

OBTAINING INSURANCE AUTHORIZATION

PURPOSE

A consistent procedure for obtaining insurance authorizations for sleep studies and doctor visits contributes to the smooth operation and fiscal viability of the center.

POLICY

The center staff will obtain any needed insurance authorizations for sleep studies and doctor visits.

PROCEDURE

- **1.0** After approval for evaluation has been received and the appropriate sleep study has been scheduled, the Sleep Lab PSS will obtain insurance authorization.
- **2.0** The Sleep Lab PSS will contact the patient and explain the financial obligations that must be met prior to having the study.
- **3.0** If the patient fails to confirm their ability to meet the deposit requirement with the Sleep Lab PSS, or if authorization is denied, the study may not continue as scheduled.
- **4.0** Outpatients who have any financial obligations are expected to provide payment prior to their scheduled appointment.